

North America Adventist Standards
2019 Early Childhood Developmental Learning
Physical Health
Social & Emotional
Language & Communication
Cognitive Development



Legend

•	The standard is clearly addressed by program activities.	
-	This standard potentially could be addressed as part of a <i>FIRST</i> ® program either by actions that the coach or teacher takes when working with the students or by conditions established by the program.	

Topic	Number	Standard	Discover
Physical & Health	Gross Motor		
	2.1.1	Uses spatial awareness to control body movements and perceptual motor integration to show the ability of different sensory systems (visual, auditory, etc.) working together	•
	2.1.2	Develops coordination and balance	•
	2.1.3	Increases strength, endurance, and flexibility	-
	2.1.4	Coordinates large muscle movements	-
	Fine Motor		
	2.2.1	Develops eye-hand coordination	•
	2.2.2	Holds and uses objects properly	•
	2.2.3	Shows increasing refinement and detail in movements	•
	2.2.4	Performs tasks that require small muscle strength and control	•
Sensory Development			
2.5.1	Children use their senses to explore objects and people in their environment	•	
Social & Emotional	Self-Awareness		
	3.1.1	Recognizes own abilities and accomplishments	-
	3.1.2	Recognizes individual uniqueness	-
	3.1.3	Expresses feelings through facial expressions, movements, gestures, actions, sounds, words or language	-
	3.1.4	Begins to identify and understand one's own feelings	-
	Self-Control		
	3.2.1	Manages transitions, adapts to changes, and accepts redirection	-
	3.2.2	Follows rules and routines purposefully and respectfully	-
	3.2.3	Shows initiative, self-direction, positive attitudes, sustains attention to task, and takes responsibility for actions	-
	3.2.4	Regulates emotions, behaviors, and impulse control in an appropriate manner	-
	Interpersonal Relationships		
	3.3.1	Respects rights and needs of others, and learns to help others	•
	3.3.2	Begins to accurately read and comprehend emotional states in others and shows empathy	•
3.3.3	Works and plays cooperatively with others	•	

Language & Communication	3.3.4	Uses age-appropriate conflict resolution skills	-
	3.3.5	Uses courteous words and actions	-
	3.3.6	Forms and sustains relationships with peers, adults, and those who provide consistent nurturance	-
	Spoken/Expressive		
	4.1.1	Verbalizes, gestures, or uses other strategies to communicate wants and needs	-
	4.1.2	Initiates and engages in conversation which should include age appropriate words and description of events	•
	4.1.3	Speaks clearly using appropriate tone and inflection	•
	4.1.4	Names and describes familiar people, objects, and events	•
	4.1.5	Utilizes age-appropriate materials that help initiate discussions and problem solving	•
	Listening/Receptive		
	4.2.1	Follows increasingly complex instructions	-
	4.2.2	Responds to verbal requests, questions, and statements	•
	4.2.3	Makes predictions	•
	4.2.4	Gains information	•
	4.2.5	Retells information	•
	Pre-Writing		
	4.3.1	Uses scribbles, shapes, pictures and letters	•
	4.3.2	Dictates thoughts, experiences, and stories	•
	4.3.3	Uses a variety of writing tools, materials and surfaces	•
	4.3.4	Develops left to right orientation	-
	4.3.5	Explains own "writing" to others	•
	4.3.6	Holds writing utensils properly and positions paper correctly for both right-handed and left-handed children	-
	Pre-Reading		
	4.4.1	Recognizes that print has meaning	-
	4.4.2	Shows increasing interest in books, being read to in a variety of situations, and reading related activities with songs, rhymes and games	-
	4.4.3	Explores a variety of books and engages in pretend reading	-
	4.4.4	Exhibits book-handling skills	-
4.4.5	Begins to recognize that letters form words and words form sentences	-	
4.4.6	Begins to track the direction of print	-	
4.4.7	Begins to develop a sense of story, responds to text, and recalls a story in sequence	-	
4.4.8	Shows phonological and phonemic awareness	-	
Vocabulary			
4.5.1	Shows a growing vocabulary in all areas: listening, speaking, writing and reading	•	
4.5.2	Uses positional, directional, temporal, and comparative vocabulary	-	
4.5.3	Begins to formulate complex sentences	-	
Cognitive Development	Approaches to Learning		
	5.0.1	Engages and sustains attention to age-appropriate tasks	•
	5.0.2	Shows eagerness and curiosity for learning	•
	5.0.3	Identifies, analyzes, and seeks solutions to problems	•
	5.0.4	Shows inventiveness: Plans and pursues appropriate activities	•
	5.0.5	Demonstrates flexibility and adaptability	-
	Creative Expression / Fine Arts		
5.1.1	Utilizes a variety of age-appropriate media; handles and cares for tools correctly while using techniques and processes for sensory experience and creative exploration	•	

5.1.2	Uses art to express thoughts and feelings about the environment and community	•
5.1.3	Describes and explores the characteristics of artwork	•
5.1.4	Begins to explore and appreciate new concepts, vocabulary, history and various cultures through art	•
5.1.5	Responds to dramatic play experiences	
5.1.6	Uses props to explore and create enhancement to imaginative play	•
5.1.7	Participates in dramatic play to express feelings, dramatize stories, and re-enact real-life experience	
5.1.8	Begins to explore and appreciate history, and various cultures through drama	
5.1.9	Explores new and various music types, rhythm and musical instruments	
5.1.10	Participates in listening, singing, and performing action songs	
5.1.11	Begins to explore and appreciate history, and various cultures through music and movement	
5.1.12	Uses movement and music to express thoughts, feelings, and creativity	
5.1.13	Begins to enjoy the process of learning to sew, cook, woodwork, garden, etc	
5.1.14	Begins to explore and appreciate the history and various cultures through the practical arts	
5.1.15	Responds to practical art experiences, new concepts, and vocabulary	
Mathematics		
5.2.1	Uses mathematical terms and counting in context of daily routines, activities, and play	-
5.2.2	Uses numbers and counting to analyze quantity and number relationships	-
5.2.3	Begins to identify numbers in print	-
5.2.4	Investigates spatial relationships, recognizes two- and three-dimensional shapes and attributes of common shapes	-
5.2.5	Recognizes, creates, duplicates, and names simple patterns	-
5.2.6	Explores the various kinds of relationships among objects, events, and actions	•
5.2.7	Uses and responds appropriately to positional words	
5.2.8	Uses a variety of standard and non-standard means of measurement	
5.2.9	Collects, organizes, categorizes, displays, and uses relevant data	
5.2.10	Develops problem-solving skills through the application of different strategies	•
5.2.11	Begins to understand time in context of daily routines	
Science		
5.3.1	Explores, collects, inquires, predicts, experiments with, makes discoveries, and describes results about objects, organisms, and events in the environment	•
5.3.2	Interacts with objects and materials to investigate and describe their physical properties	•
5.3.3	Discovers characteristics of living and non-living things	
5.3.4	Understands that all living things must be cared for	
5.3.5	Participates in activities to preserve the ecosystem	
5.3.6	Explores properties of earth and space	
5.3.7	Uses senses and simple tools to learn about objects, observe and explore earth, space, and natural phenomena	
5.3.8	Makes use of opportunities and materials for discussing scientific notions	•
Social Studies		
5.4.1	Develops an awareness, and sense of belonging and acceptance as a family, classroom, and community	-
5.4.2	Recognizes and appreciates the relationship between people of various ages, genders, abilities, cultures, and ethnicity, through varied experiences and materials	-
5.4.3	Understands physical features and characteristics of geography	
5.4.4	Develops an awareness of the relationship between people, places, and regions	
5.4.5	Recognizes the relationship between needs versus wants, supply and demand, and other economic concepts	

5.4.6	Realizes that money is used in exchange of goods and services	
5.4.7	Begins to understand social roles and responsibilities in the family, community, and workplace, through play	-
5.4.8	Begins to track events of the past, present, and future	
5.4.9	Participates in discussions about fairness, responsibility, differences, friendship, and authority	•
5.4.10	Begins to understand how people can affect environments and take positive actions to show care for the classroom and community in which one lives	
Technology		
5.5.1	Begins to understand how different forms of technology and media help people	•
5.5.2	Begins to use appropriately and independently different forms of technology relevant to the young child	•
5.5.3	Begins to appreciate how technology can enrich classroom learning experiences	•